

IBM Club London West - Signed-off Dinghy Helms

To be signed off as an IBM Club London West Sailing Section Dinghy helm you need to have RYA Level 2 or equivalent experience

As helm / signed off user you need to know about and will be responsible for:-

Sign-off Requirements

Queen Mary regulations :	Car parking, Buoyancy aid and wetsuit requirements. Masthead buoyancy bag to prevent turtling (Xenon) . Sailing areas and exclusion zones (check daily info board). Red flag
Safe sailing conditions:	Based on wind speed and direction, inc forecast changes, temperature, helm and crew competency
	If in doubt, reef / take a smaller sail - or don't go out
Berths:	Locating the IBM boats, and after sailing putting the boats on the correct trolley and back in the correct berth
Rigging:	Cover, Bungs, Sail bags, Preparing and checking spinnaker, Hoisting and setting main, Attaching rudder and masthead float.
Launching:	Off shore wind, On shore wind, Stronger winds, Protecting hull, centre board and rudder from damage
Sailing:	Observation, Rules of the road, Tacking, Gybing, Spinnaker handling, Capsize recovery, Sail settings to reduce power
Landing:	Choosing a pontoon, Preparation during the approach, Coming alongside, Dropping sails and taking up foils, Recovery onto trolley, Winching
De-rigging:	Bungs, Rolling and bagging main, Dropping and rolling jib, Removing spinnaker from chute to sailbag, Cover so it drains, Tie down
Reporting damage:	Knowing when something is wrong, Reporting it promptly so it can be repaired
Developing others:	Taking out less experienced club members as crews and showing them all the above